



asheville
ENDODONTICS

201 East Chestnut Street Suite A Asheville, NC 28801 Phone: (828) 251-0300

*******Instructions Following Root Canal Therapy*******

Your tooth and surrounding gum tissue may be slightly tender for several days as a result of manipulation during treatment and/or the previous condition of your tooth. This tenderness is normal. Do not eat any sticky or hard and crunchy foods until after you have seen your general dentist and completed your final restoration. We recommend this be completed no longer than 4-6 weeks after the root canal is completed.

One common occurrence with a newly root-canalled tooth is for the tooth to feel high when you bite. If this occurs, it will cause your tooth to stay sensitive for a longer period of time. Please call the office if your bite feels "high" so we can do a simple bite adjustment.

You may continue your regular dental hygiene regimen. Discomfort if there is any may be alleviated by taking ibuprofen (Advil), aspirin, or acetaminophen (Tylenol) as directed. NOTE: Alcohol intake is not advised while taking medications.

If any medication has been prescribed, please take it as directed and finish ALL antibiotics.

Women: If you have been prescribed antibiotics, please note that they may make oral contraceptives less effective. Please consult your local pharmacist if you have any questions.

Do **NOT** apply any heat directly to the face as this will make the swelling worse. However, a cold compress on the face is recommended to ease the swelling.

Office Hours: Monday-Thursday 8am-5pm

Emergency Contact number for

Dr. Brandon Chasteen

(828) 222-3539