

# ASHEVILLE ENDODONTICS

201 East Chestnut Street, Suite A  
Asheville, NC 28801

(828) 251-0300

\*\*\*\*\*Instructions Following Root Canal Therapy\*\*\*\*\*

Your tooth and surrounding gum tissue may be slightly tender for several days as a result of manipulation during treatment and previous condition of your tooth. This tenderness is normal and is no cause for alarm.

One common occurrence with a newly root-canalled tooth is for the tooth to feel high when you bite your teeth together. If this occurs it will cause your tooth to stay sensitive for a longer period of time. Please call the office if your bite feels “high” as this problem is easily rectified with a simple bite adjustment.

A temporary filling has been placed to seal the tooth until the final restoration is placed by your primary dentist. It may flake away a little bit at the edges which is no cause for alarm. If the entire temporary comes out, please call the office of your dentist to have it replaced.

***Temporary restorations eventually allow leakage, so it is important that you have your final restoration placed within no more than 4 weeks.***

Be gentle on the tooth until your endodontic therapy is completed and your tooth is covered with a protective restoration provided by your restorative dentist.

You may continue your regular dental hygiene regimen. Discomfort may be alleviated by taking ibuprofen (Advil), aspirin, or acetaminophen (Tylenol) as directed. NOTE: Alcohol intake is not advised while taking any of these medications.

If any medication has been prescribed please take it as directed and finish ALL antibiotics.

**Women:** If you have been prescribed antibiotics please note that they may make oral contraceptives less effective. Please consult your local pharmacist if you have any questions.

Do **NOT** apply any heat directly to the face as this will make the swelling worse. However, a cold compress on the face may help to ease the swelling.

**Office Hours: Monday-Thursday 8am-5pm**

**Emergency Contact number for Dr. Key: (828) 279-1622**